

# 2007 GVH CROSS COUNTRY INVITATIONAL

Sunday, November 18, 2007  
Finger Lakes Community College, Canandaigua NY  
Site of the '94 & '95 USATF Natl Masters 10k Cross Country Championships

**WAIVER: I know that running a cross country race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and/or walking in this event including, but not limited to, falls, contact with other runners, the effects of the weather, including high heat and/or humidity and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Genesee Valley Harriers, the County of Monroe Parks Department, the race director, race committee and any and all sponsors and workers from any claims or liabilities of any kind arising out of my participation in this event. I understand that all entry fees are non-refundable. I have read the information provided and certify my agreement and compliance with my signature.**

SIGNATURE \_\_\_\_\_

LAST NAME \_\_\_\_\_ FIRST \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/TOWN \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ AGE ON RACE DAY \_\_\_\_\_ GENDER: M F

EMAIL \_\_\_\_\_

2007 USATF/CTFA NUMBER \_\_\_\_\_

*(required to be eligible for individual or team prize money)*

TEAM NAME \_\_\_\_\_

## CHECK APPROPRIATE FEES:

\_\_\_\_\_ \$8.00 Pre-entry as part of a team (by 11/13)

\_\_\_\_\_ \$10.00 Individual Pre-entry (by 11/13)

\_\_\_\_\_ \$12.00 Late Registration (11/14-11/18)

TOTAL ENCLOSED: \$ \_\_\_\_\_

Make checks payable to: **GVH** and mail to  
**PO BOX 16375, ROCHESTER, NY 14616**

**INFORMATION CONTACT:**  
**Pete Glavin (pglavin@rochester.rr.com)**